

Quality care results from

Unity Diabetes, Nutrition, & Weight Management Center

PERFORMANCE MEASURE	2007	2008	1st Qtr 2009	2nd Qtr 2009	3rd Qtr 2009	4th Qtr 2009
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Diabetes Education

• No. Diabetes Education Visits	2,526	3,476	1,047	1,169	1,319	
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A blood test called Hemoglobin A1C is given to diabetics to monitor the control of blood sugar over time. The goal of our Diabetes Education program is to reduce average blood sugar levels.

							NAT'L* AVG	GOAL
• Average decrease in Alc levels (blood sugar)	-1.6	-1.3	-1.4	-1.2	-1.1		-1.5	
• % of patients achieving their dietary goals	88%	85%	90%	85%	89%		NA	Minimum of 75%
• % of patients achieving their exercise goals	78%	76%	64%	84%	75%		NA	Minimum of 75%
• Patient Diabetes Class satisfaction score	97%	98%	98%	98%	99%		NA	100%

Healthy Motivations! Weight loss program

• No. Program Visits	NA	NA	190	178	65	
• Average program weight loss	NA	-13# ¹	-17#	-14#	-20#	
• % patients achieving their dietary goals	85%	84%	93%	95%	90%	
• % patients achieving their exercise goals	86%	87%	82%	75%	89%	
• Patient program satisfaction score	97%	98%	98%	97%	97%	

Endocrinology

• No. Endocrine Visits	NA	NA	913	927	1053	
• Patient satisfaction score	NA	NA	100%	94%	100%	
• Ave decrease in Alc levels (blood sugar)	NA	NA	-0.25	-0.75	-0.85	

* Data Source: American Association of Diabetes Educators 2005 Convention. 1 4th quarter 2008 data

"I went back to my doctor and told her she should encourage all of her patients to attend this program!"

For more information, visit:
www.unityhealth.org/diabetescenter



"I learned more here than from any other program!"