

Quality care results from Unity Diabetes Center

| PERFORMANCE MEASURE | 2009 | 2010 | 2011 | | |
|--|-------|-------|-------|---------------|----------------|
| Diabetes Education | | | | | |
| • Number of Diabetes Education Visits | 3,475 | 4,885 | 4,674 | | |
| <p>A blood test called Hemoglobin A1C is given to diabetics to monitor the control of blood sugar over time. The goal of our Diabetes Education program is to reduce average blood sugar levels. For every one point A1C is decreased, risk of diabetes-related complications is reduced by 40%.</p> | | | | | |
| | | | | NAT'L* AVG | GOAL |
| • Average decrease in Alc levels (blood sugar) | -1.2 | -1.2 | -1.2 | -1.5 | |
| • % of patients achieving their dietary goals | 88% | 80% | 81% | NA | Minimum of 75% |
| • % of patients achieving their exercise goals | 75% | 80% | 75% | NA | Minimum of 75% |
| • Patient Diabetes Class satisfaction score | 98% | 97% | 96% | NA | 100% |
| Endocrinology | | | | | |
| • Number of Endocrine Visits | 991 | 5,023 | 7,406 | | |
| - Diabetes Visits | NA | 3,719 | 4,635 | | |
| - Thyroid Visits | NA | 844 | 2,153 | | |
| - Other Endocrine Visits | NA | 460 | 618 | | |
| • Number of Insulin Pump Patients | NA | 143 | 149 | | |
| • Patient satisfaction score | 98% | 98% | 99% | | |

* Data Source: American Association of Diabetes Educators 2005 Convention.

"I went back to my doctor and told her she should encourage all of her patients to attend this program!"

For more information, visit:
www.unityhealth.org/diabetescenter



"I learned more here than from any other program!"