



DRUGS AND ALCOHOL  
CAN TAKE YOUR DIGNITY. **recoverit.**

Unity Chemical Dependency



*“I feel very comfortable in the program and enjoy every session.”*

*— A Unity Client*

They don't respect you. No, drugs and alcohol don't care who you are. What you've accomplished. Or the role you play in your family. But we do.

That's why we developed an outpatient treatment program for older adults who misuse alcohol, prescription drugs, or other substances. Carefully designed to meet the specific concerns of those over 50, it includes educational seminars and one-on-one and group counseling. You'll find support for grief and loneliness as well.



EACH INDIVIDUAL HAS VALUES, STRENGTHS, AND A UNIQUE LIFE STORY. We'll build on yours to develop a lasting recovery.

YOU'RE NOT ALONE.

**NEARLY ONE IN FIVE OLDER ADULTS HAS A SIGNIFICANT PROBLEM WITH ALCOHOL OR DRUGS\***. Some use these substances to cope with problems that can arise later in life, such as physical illness, grief, loneliness, and depression. Our experienced and compassionate teams are trained to help you address all the factors that may be contributing to an alcohol or drug problem.

\*U.S. Department of Health & Human Services/Substance Abuse and Mental Health Services Administration (SAMHSA).

We'll help you reclaim your life with a focus on mind, body, and spirit. Your recovery program will be based on your needs and interests—and can include art, meditation, and stress management education as well.

If you or an older adult you know is misusing alcohol, prescription medication, or other drugs, schedule a confidential evaluation today. Call 723-7740 or visit [UnityChemicalDependency.org](http://UnityChemicalDependency.org).

We accept many types of insurance. Unity Health System is committed to caring for clients regardless of their ability to pay. We provide a Financial Assistance Program to assist individuals who cannot afford to pay for all or part of their health care services. Financial aid is provided to clients based on each client's income, assets, and needs. Payment plans are also available for those who qualify. For more information call 368-6200.



**WE'LL HELP YOU AVOID ALCOHOL AND DRUGS  
EVEN WHEN TIMES GET TOUGH.** Working with your  
treatment team, you'll discover proven techniques to get you  
through difficult times.

## Unity Chemical Dependency

*formerly Park Ridge Chemical Dependency*

### BRIGHTON

Crossbridge Office Park,  
Bldg. 2  
2000 Winton Road South  
Rochester, NY 14618

### GREECE

Unity Park Ridge Health  
Care Campus  
1565 Long Pond Road  
Rochester, NY 14626

### ROCHESTER

Evelyn Brandon Health  
Center  
81 Lake Avenue  
Rochester, NY 14608

585-723-7740

[www.UnityChemicalDependency.org](http://www.UnityChemicalDependency.org)



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