



IF YOU OR SOMEONE YOU KNOW IS STRUGGLING WITH DRUGS OR  
ALCOHOL, THIS IS **notime to experiment.**

 Unity Chemical Dependency

WITH OVER 20 YEARS OF EXPERIENCE,  
Unity Chemical Dependency is the Rochester area's  
most experienced and comprehensive treatment  
provider. Our highly trained and dedicated team of



counselors and physicians helps  
each client gain the skills needed  
to replace a life of substance  
abuse with one of hope.

## A UNIQUE CONTINUUM OF CARE

**Outpatient Treatment:** Personalized outpatient treatment programs are available at our convenient locations in Brighton, Greece, and Rochester, NY.

- Individual and group counseling
- Family education and support
- Specialized programs for adolescents, older adults, men, and women
- Co-occurring disorders programs for adults and adolescents
- Tobacco counseling services
- Outpatient detoxification

**Inpatient Rehabilitation:** Located on the Unity Park Ridge Health Care Campus in Greece, NY, our 40-bed inpatient rehabilitation unit provides a medically supervised, educational, and supportive environment.

- Individual and group counseling
- Family education and support
- Case management services
- Tobacco counseling services

**Residential Treatment:** Our male adolescent and women's community residences provide a safe, supportive, and home-like environment. Both residences are located on the Unity Park Ridge Health Care Campus in Greece, NY.

Adolescent Community Residence:

- Individual and group counseling
- Family education and support
- Diagnosis and treatment of co-occurring disorders
- On-site schooling

Women's Community Residence:

- Individual counseling to develop life and recovery skills
- Career and educational counseling
- Family education and support

To schedule a confidential evaluation, call us at 585-723-7740



**A HOLISTIC APPROACH.** At Unity Chemical Dependency, we treat the whole person—mind, body, and spirit. We start with a comprehensive evaluation and then work with each individual to create a personalized treatment plan based on their specific needs.

## SPECIALIZED TREATMENT PROGRAMS.

**GENDER-SPECIFIC TREATMENT.** Research shows that men and women can benefit from tailored treatment approaches. That's why Unity Chemical Dependency offers specialized treatment programs for men and women. We also offer supportive housing for women who are in recovery.



**TREATMENT FOR OLDER ADULTS.** Older adults also can benefit from a specialized treatment approach. Our older adult outpatient program addresses the physical, environmental, and social changes that older adults may be experiencing.



**TREATING CO-OCCURRING DISORDERS.** Individuals who suffer from mental health problems are more likely to use drugs and alcohol as a way to cope with their symptoms. That's why Unity Chemical Dependency developed specialized co-occurring disorders programs. Our integrated team includes counselors and addiction psychiatrists who are trained to diagnose and treat both mental health and substance abuse problems.

**REACHING TEENS EFFECTIVELY.** Research shows that programs designed specifically for adolescents work best. Unity Chemical Dependency's adolescent programs are designed to address the different learning styles and developmental needs of adolescents. We understand teenagers and know how to reach them effectively.

Our adolescent programs help teens pave their own path to lifelong recovery. We offer:

- Residential treatment for males
- Outpatient treatment at three locations: Brighton, Greece, and Rochester, NY
- Safe, supervised transportation
- Individual and group counseling
- Family support and counseling
- Recreational therapy
- Diagnosis and treatment of co-occurring disorders
- Exposure to therapeutic and creative activities such as meditation, art, and music
- Specialty groups to address topics such as anger management, relapse prevention, and quitting marijuana
- Tobacco counseling services



**TAKE THE FIRST STEP.** Call 585-723-7740 to schedule a confidential evaluation or go to [unityhealth.org](http://unityhealth.org) for more information.

**INSURANCE.** We accept many types of insurance. Unity Health System is committed to caring for clients regardless of their ability to pay. We provide a Financial Assistance Program to assist individuals who cannot afford to pay for all or part of their health care services. Financial aid is provided to clients based on each client's income, assets, and needs. Payment plans are also available for those who qualify.

 **Unity Chemical Dependency**  
*formerly Park Ridge Chemical Dependency*

**BETTER BY ANY MEASURE.**

**BRIGHTON**

Crossbridge Office Park, Bldg 2  
2000 Winton Road South  
Rochester, NY 14618

**GREECE**

Unity Park Ridge Health Care Campus  
1565 Long Pond Road  
Rochester, NY 14626

**ROCHESTER**

Evelyn Brandon Health Center  
81 Lake Avenue  
Rochester, NY 14608

585-723-7740  
[www.unityhealth.org](http://www.unityhealth.org)