

Unity Chemical Dependency

Teen Programs



IT'S THEIR FUTURE. **recoverit.**

WE ARE THE ROCHESTER AREA'S
MOST EXPERIENCED ADOLESCENT TREATMENT PROVIDER.

Research shows that treatment programs developed specifically for adolescents work best. At Unity Chemical Dependency, our adolescent programs are designed to address the different learning styles and developmental needs of teens. Our experts understand teenagers and know how to reach them effectively.



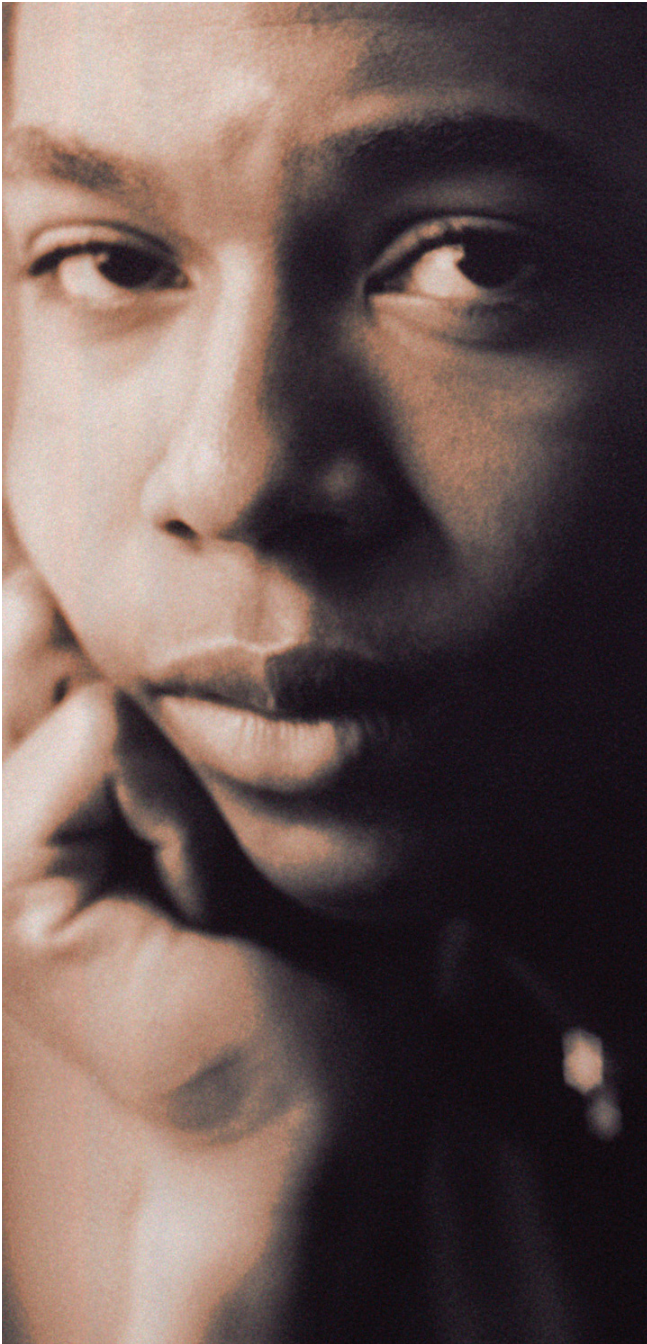
YOU SEE THEIR POTENTIAL. SO DO WE.

CALL 585-723-7740 TO BE CONNECTED
WITH A PARENT CONSULTANT.

FIND THE SUPPORT YOU NEED. Are they just experimenting? Is it just a phase? We understand what you're going through, and we have helped many parents going through the same thing. We are pleased to provide you with the option of calling a parent consultant.

This trained counselor can answer your specific questions about what may be going on with your child and even coach you on how to talk with your teen about drugs and alcohol. They can also answer questions about our programs and walk you through the steps to engage your child in treatment.





THE FIRST STEP TO BEGINNING TREATMENT is to schedule a confidential evaluation at one of our three conveniently located clinics in Brighton, Greece, or downtown Rochester. We'll talk with you and your teen and conduct a comprehensive evaluation, including an alcohol and drug screen. Based on the results of this evaluation, we'll determine if your teen meets the criteria for treatment and outline the different options available.

Our programs range from educationally based outpatient programs to more intense outpatient programs to residential treatment. All of our programs include individual and group treatment. We place a special emphasis on family education and engagement to foster relationships that support recovery.



YOUTH CHEMICAL ABUSE PROGRAM. This educational-based program is for teens who've been abusing drugs and/or alcohol. We work with teens and their families to strengthen positive sober activities, improve communication skills, and help avoid the progression to addiction.

TEEN AFTER-SCHOOL PROGRAM. This program is for teens who are dependent on drugs and/or alcohol and need a more intensive treatment program. We work with the whole family to look at underlying causes and risk factors and help teens discover new coping strategies and interests.

CO-OCCURRING DISORDERS PROGRAM. For many teens, substance use disorders can go hand-in-hand with mental health disorders. This uniquely designed program integrates mental health and chemical dependency treatment to support success in recovery.

RESIDENTIAL TREATMENT. The Adolescent Community Residence is a supportive, respectful, and home-like environment for young men (up to age 21) who require a longer course of treatment and a higher level of supervision. On-site schooling, relapse prevention planning, co-occurring disorders treatment, and family treatment are essential parts of this program.

OUTREACH SERVICES. Our outreach team can help area schools address substance abuse problems by providing in-class presentations, screening, supportive counseling and staff training. In addition, our grant-funded STAGES program works with children as young as 8 years old to help them develop important coping skills and stand up to peer pressure.

WE BELIEVE IN GIVING YOUR CHILD THE TOOLS TO SUCCEED.

WE BELIEVE IN THEIR FUTURE.

A SAFE ENVIRONMENT. We take your child's safety while in treatment very seriously. All of our treatment sites are tobacco-, drug-, and alcohol-free.

TRANSPORTATION. We can coordinate transportation to get teens from home or school to treatment if necessary.

INSURANCE AND FINANCIAL ASSISTANCE. Unity Health System is committed to caring for clients regardless of their ability to pay. We accept many types of insurance and we provide a financial assistance program for those who cannot afford to pay for all or part of their health care services. Financial aid is provided based on each client's income, assets, and needs. Payment plans are also available for those who qualify.

If you have questions, please call us at 585-723-7740.

Unity Chemical Dependency

How health care should be

BRIGHTON

Crossbridge Office Park, Bldg 2
2000 Winton Road South
Rochester, NY 14618

GREECE

Unity Park Ridge Health Care Campus
1565 Long Pond Road
Rochester, NY 14626

ROCHESTER

Evelyn Brandon Health Center
81 Lake Avenue
Rochester, NY 14608

585.723.7740

unitychemicaldependency.org

A service of Unity Health System

At Unity Health System you'll find the friendliest and most compassionate people dedicated to providing the best possible health care experience in over 70 locations. Key programs include Unity Hospital's Joint Replacement Center, Family Birth Place, Spine Center, Diabetes Center, Chemical Dependency, and Physical Medicine & Rehabilitation. Unity's Center for Aging provides a comprehensive range of services for older adults. ACM Medical Laboratory is an industry leader and the world's fifth largest provider of clinical trials testing.



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